

# The Dupont Circle Citizen

The Weekly Newsletter of Dupont Circle Citizens Association

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May 15, 2013

## ANC 2B Listening Session on 17th Street Liquor Moratorium Renewal

Tuesday, May 21, 7:00 pm  
The Chastleton Cooperative - Ballroom  
1701 16th Street, NW

Dupont ANC 2B will be holding a listening session to hear the opinions of residents and the business community about the 17th Street liquor license moratorium, which is up for renewal in September. The meeting will be an opportunity for the neighborhood to speak directly to their elected officials who will be voting on whether to support renewal of the moratorium.

A second listening session will be held on June 24.

## NCPC & District Office of Planning to Hold Height Master Plan Public Meetings



In the next few weeks NCPC and the District Office of Planning will hold the first round of public meetings to discuss the work underway for the joint

Height Master Plan for Washington, DC. Each meeting will provide updates on the scope and schedule of the study; outline how other cities manage building height; and provide opportunities for public feedback. The meetings' objective is to gather input on how Washington's Height of Buildings Act impacts federal and local interests. Each session will follow the same format and agenda. There are three phases to the study and each will include opportunities for public input. The second round of public meetings are anticipated in late July 2013.

**Saturday, May 18** | Martin Luther King Jr. Memorial Library 901 G Street, NW | Metro: Gallery Pl-Chinatown  
10:30 AM - 12:30 PM

**Tuesday, June 4** | National Capital Planning Commission 401 9th Street, NW Suite 500N | Metro: Gallery Pl-Chinatown  
6:30 - 8:30 PM

**Thursday, June 6** | Savoy Elementary School 2400 Shannon, Place SE | Metro: Anacostia  
6:30 - 8:30 PM

## Dupont-Kalorama Museum Walk Call for Volunteers

The Dupont-Kalorama Museums Consortium is recruiting volunteers to assist museum and historic house staff during the 30th Annual Dupont-Kalorama Museum Walk Weekend, June 1 and 2. This special event offers visitors a chance to visit these unique treasures offering diverse experiences in one of the city's most beautiful neighborhoods free of charge! For more info: Katherine Neill Ridgley at [kridgley@societyofthecincinnati.org](mailto:kridgley@societyofthecincinnati.org).

For questions or comments: Editor, Ruth Horn, [ruthhornrealestate@gmail.com](mailto:ruthhornrealestate@gmail.com)

## <http://dchealthyhomes.com/> The District's Hub for Healthy and Lead Free Homes ... and Healthy Children

Did you know that dc.gov has a wealth of information on keeping homes and residents safe? There is a special focus on children's health with such topics as the most harmful illnesses affecting children, asthma triggers and chemical sensitivity.

Many of the most harmful illnesses that affect children can be triggered or worsened by the condition of your home. Asthma attacks, lead poisoning, some forms of cancer, and many other conditions can be caused by an unsafe environment. Find information on mold and mildew remediation, bedbugs, radon, roaches and asbestos.

### Asthma Triggers

In the US, around 20 million people are affected by asthma, many of whom are children. Many things can trigger an asthma attack – several of them can commonly be found in the home. Pet hair and fur, second-hand smoke, mold and mildew, roach and rodent droppings and excessive dust can all trigger asthma episodes (attacks).

While asthma has no cure, it is treatable. Effective medications, paired with environmental modifications to reduce exposure to common triggers, can enable most people living with asthma to lead normal, active lives. The home is an important front in the battle to control a person's asthma.

**Pet Dander** Animal dander from your pet may worsen your asthma. Symptoms may occur immediately, or they may not develop until 8 to 12 hours later.

**Insect and Rodent Infestation** The saliva, droppings, and decomposing bodies of cockroaches and rodents contain proteins known to trigger allergies that can increase the severity of asthma symptoms, especially in children.

### Second-Hand Smoke Mold and Mildew

Mold in the home produce allergens that cause allergic reactions. EPA estimates indicate 50 to 100 common indoor mold types have the potential for creating health problems. Getting rid of mold can be difficult and even dangerous. DDOE suggests locating a certified contractor to evaluate serious mold problems before trying to remove mold on your own.

### Managing Asthma in the home

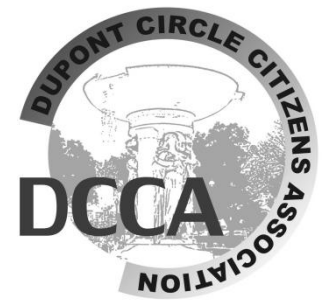
Avoid these chores when someone with asthma is inside:

- Sweeping, vacuuming and dusting
- Painting
- Using strong cleaners or bug sprays
- Cooking strong-smelling foods
- After completing any of these tasks, open the windows and/or use exhaust fans to "air out" your home

### Maintain a tidy bedroom

- Take out soft chairs, cushions and extra pillows
- Consider removing carpets and rugs
- Vacuum and wet mop twice a week
- Do not let animals in the bedroom
- Wash sheets and blankets in hot water.
- Avoid pillows made with goose down
- Take stuffed toys off the bed and keep them to a minimum in the home

For more on asthma, visit the DC Asthma Partnership website – [dcasthmapartnership.org](http://dcasthmapartnership.org); Facebook [dcasthma](https://www.facebook.com/dcasthma) and Twitter [dcasthma](https://twitter.com/dcasthma)



## It's Membership Renewal Time!

*As a DCCA member, you are an integral part of neighborhood history*

*When you join the Dupont Circle Citizens Association (DCCA) or renew your membership, you contribute to the community and support the longest-serving citizens group in the Circle.*

**Show your Membership Card and Receive Discounts of 10%+ at DCCA Preferred Merchants**

*Teasm, G-Star Raw, Beadazzled, Caramel, Cocova Fine Chocolate, Trappro, FIT Personal Training, Just That Simple, Keegan Theatre, Total Party! Washington Studio School, Carlyle Suites*

## Neighborhood Notes:

TASTE OF ADAMS MORGAN! Benefiting Mary's Center



Tuesday, May 21st, 4:30-8:00pm

Purchase 4 (\$20) or 7 (\$30) tasting tickets in advance at A Little Shop of Flowers (2421 18th Street), Toro Mata (2410 18th Street), or Wise Owl Club (2010 18th Street) the night of the event or online at [networkforgood.org](http://networkforgood.org)

Each ticket may be redeemed for one prix-fixe savory or sweet "taste" at participating restaurants. You'll stroll through Adams Morgan enjoying some of the best dishes DC has to offer!



MID-CITY ARTISTS

Afternoons of May 18<sup>th</sup> and May 19<sup>th</sup>

More than 25 Mid City Artists open their private studios to the public. Tour studios in the Dupont Circle, Logan Circle, U Street and Shaw neighborhoods. Walk the 2 square miles from one studio to another within this vibrant downtown or grab a pedicab or bikeshare to get around. This bi-annual event, now in its 10th year, offers visitors a rare glimpse into the artists' working space with unique locations ranging from offices, retail, carriage houses, spare bedrooms, apartments to basements. The participating artists represent a great diversity of work, including drawings, sculptures, paintings, prints, photographs and mixed media. Hang out with friends, circulate through the neighborhood, check out the art, eat, drink and be merry . . . purchase some art for yourself and as gifts. Be inspired! Buy local. Free smartphone app! <http://www.midcityartists.com/home.html>